



פתרון הבחינה

באנגלית

קיצ' תשפ"ה, 2025, שאלון 16584, מועד ב':
מוגש ע"י צוות המורים של "יואל גבע"

הערות:

1. התשובות המוצגות כאן הן בגדר הצעה לפתרון השאלון.
2. תיתכנה תשובות נוספות, שאינן מוזכרות כאן, לחלק מהשאלות.





מדינת ישראל
משרד החינוך

סוג הבחינה: בגרות
מועד הבחינה: קיץ תשפ"ה, 2025, מועד ב
מספר השאלון: 16584

אנגלית

שאלון ו' (MODULE F)

הוראות

- א. משך הבחינה: שעה וחצי.
- ב. מבנה השאלון ומפתח ההערכה: בשאלון זה שני פרקים.

פרק ראשון	-	הבנת הנקרא	-	60 נקודות
פרק שני	-	מטלת כתיבה	-	40 נקודות
סך הכול	-			100 נקודות
- ג. חומר עזר מותר בשימוש: אחד המילונים או אחת המילוניות מן הרשימה שבאתר הפיקוח על הוראת האנגלית ובאתר של אגף הבחינות במשרד החינוך.
- נבחנים "עולים חדשים" רשאים להשתמש גם במילון דו-לשוני: אנגלי-שפת אימם / שפת אימם-אנגלי. השימוש במילון אחר טעון אישור של הפיקוח על הוראת האנגלית.
- ד. הוראות מיוחדות:
 - (1) יש לכתוב את כל התשובות בגוף השאלון (במקומות המיועדים לכך).
 - (2) יש לכתוב את כל התשובות באנגלית ובעט בלבד.
 - (3) יש לכתוב את הנוסח הסופי של מטלת הכתיבה בעמוד 9. אם תצטרך, תוכלו להשתמש גם בעמוד 10.
 - (4) בתום הבחינה יש להחזיר את השאלון למשגיח או למשגיחה.

הערה: על כתיב שגוי יופחתו נקודות מן הציון.

שאלון: 016584



אנגלית

יש לכתוב במחברת הבחינה בלבד. יש לרשום "טיוטה" בראש כל עמוד המשמש טיוטה. כתיבת טיוטה בדפים שאינם במחברת הבחינה עלולה לגרום לפסילת הבחינה.

ההנחיות בשאלון זה מנוסחות בלשון רבים, אף על פי כן על כל תלמידה וכל תלמיד להשיב על השאלות באופן אישי.

בהצלחה!



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PART I: WRITTEN RECEPTION (60 points)

(ACCESS TO INFORMATION FROM WRITTEN TEXTS)

Read the text below and then answer questions 1–9.

HOW TO KEEP YOUR RESOLUTIONS

I This may be familiar to you: It is the first day of a new year, and you decide to be a better person than you were the year before. You make a list of resolutions – for example, to exercise more, be kinder to your annoying neighbor, or spend less time on social media. You achieve some of these goals and abandon others. And when the first day of the following year arrives, you find yourself making resolutions again.

II Of course, you are not alone in setting goals at the beginning of the year. The custom is found in many cultures, and it also goes back many centuries. For example, there is evidence from ancient Rome that people began the new year expressing their intention to improve their behavior. And in present-day Japan, people start the year in the same way.

III Interestingly, setting goals on a meaningful date does seem to help people follow their plan. According to a recent survey in the USA, for example, about 70% of the respondents who made resolutions on New Year's Day were still keeping them two months later. But why do people choose a significant date for setting goals? After all, they may want to make changes on *any* day of their lives. And why does choosing a significant date actually help many people?

IV The answer to both questions seems to be that special dates create the feeling of new beginnings. There are major dates in our lives when we take on new roles with new responsibilities. For example, we start a new job, or become parents. At such times, we realize that we need to change and improve, and we often manage to. But according to Prof. Katy Milkman and her colleagues, more common dates can have the same effect. Any date that we see as significant – a new year, a new month, our birthday – creates in our mind a break between "before" and "after." Such breaks can be very motivating because they make us feel that we can move on from the past and start something new.

V However, some experts doubt that being highly motivated at the beginning is sufficient to produce long-term effects. "While a significant date may help you start the process, it can be very challenging to stick with your plan over time," says psychologist Melissa Finnegan. "Success often comes from combining several effective strategies. One, for example, is to reach your big goal gradually by setting small, less demanding goals along the way. Another is to get support from friends when things are not going well. Do all this and you might find yourself running a marathon, or finally completing the Spanish course you started twice before."



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QUESTIONS (60 points)

Answer questions 1–9 in English, according to the text. In questions 1, 4, 7 and 8, circle the number of the correct answer. In the other questions, follow the instructions.

1. What do we learn about New Year's resolutions from paragraph I?

- i) What kinds of people make such resolutions.
- ii) Why some of them are more common than others.
- iii) Why they are not made every year.
- ☒ iv) What resolutions people might make.

(5 points)

2. What are we told in paragraph I?

COMPLETE THE SENTENCE.

People don't always achieve all their resolutions.

תשובות נוספות - ראו נספח

(8 points)

3. How do people in Japan begin the new year? Give ONE answer from paragraph II.

COMPLETE THE SENTENCE.

They express their intention to improve their behavior.

(8 points)

4. What can we understand from the survey presented in paragraph III?

- i) Most Americans make New Year's resolutions.
- ☒ ii) It might be useful to set goals on New Year's Day.
- iii) People should try to change their lives.
- iv) Most resolutions are made on New Year's Day.

(5 points)

5. When might people change and improve? Give ONE answer from lines 15–18.

ANSWER: They start a new job.

תשובות נוספות - ראו נספח

(7 points)

6. How do significant dates help motivate us to change? Give ONE answer from lines 18–22.

COMPLETE THE ANSWER.

By creating in our mind a break between "before" and "after".

(7 points)



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7. According to lines 23–26, what can people find difficult?

- i) Choosing the right date to set a goal.
- ii) Planning how to achieve a goal.
- iii) Making sure they have a long-term goal.
- ☒ iv) Working continuously towards a goal.

(6 points)

8. What advice does Finnegan give in paragraph V?

- i) Choose only goals that you can achieve quickly.
- ii) Ask for help in finding the most effective strategy.
- ☒ iii) Use more than one strategy to achieve your goal.
- iv) Make sure you start with strong motivation.

(6 points)

9. According to Finnegan, how can friends help you achieve your goal? (paragraph V)

COMPLETE THE SENTENCE.

They can support you when things are not going well.

(8 points)

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PART II: WRITTEN PRODUCTION (40 points)

(WRITTEN PRESENTATION)

IMPORTANT: You may use words and/or phrases from the text in Part I.
However, you must NOT copy a sentence or sentences from the text.

Write 100–120 words in English on the following topic.

10. Choose a goal of yours, and explain what you have done to achieve it or how you plan to achieve it.

בהצלחה!

Use this page and the next (pages 7–8) for writing a rough draft.



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Write your final version here. If necessary, you may use page **10** as well.

This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

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רהצלח'ו

**זכות היוצרים שמורה למדינת ישראל
אני להעתיקה או לפרסמה אלא ברשות משרד החינוך**



נספח

שאלון 016584
(MODULE F)

תשובות אפשריות נוספות

שאלה 2:

- Achieve all their goals.

שאלה 5:

- They become parents.

