

אנגלית

שאלון ז'

(MODULE G)

גרסה א'

הוראות לנבחן

א. משך הבחינה: שעה וארבעים וחמש דקות

ב. מבנה השאלון ומפתח ההערכה: בשאלון זה שני פרקים.

פרק ראשון – הבנת הנקרא – 60 נקודות

פרק שני – משימת כתיבה – 40 נקודות

סה"כ – 100 נקודות

ג. חומר עזר מותר בשימוש:

המילון האוניברסלי עברי-אנגלי, אנגלי-עברי / 'ה הופמן (2014)

Hoffman, Y. (2014). *The Universal English-Hebrew, Hebrew-English Dictionary*

או: מילון אוקספורד אנגלי-אנגלי-עברי / הוצאת קרנרמן - לוני כהן הוצאה לאור (2003)

Kernerman, Lonnie Kahn. (2003). *Oxford English-English-Hebrew Student's Dictionary*

או: המילון המקיף החדש – אנגלי-עברי, עברי-אנגלי / ש' זילברמן (2012)

Zilberman, S. (2012). *The New Comprehensive English-Hebrew, Hebrew-English Dictionary*

או: معجم لونغمان للإنجليزية الحديثة – إنجليزية – إنجليزية – عربي .

Pearson Education. (2011). *The Longman Dictionary of Modern English, English-English-Arabic*

או: למגזר החרדי בלבד: המילון העולמי עברי-אנגלי, אנגלי-עברי / 'ה הופמן (2013)

For the Haredi Sector only:

Hoffman, Y. (2013). *The Olami English-Hebrew, Hebrew-English Dictionary*.

נבחן "עולה חדש" רשאי להשתמש גם במילון דר' לשוני: אנגלי-שפת-אמו / שפת-אמו-אנגלי.
השימוש במילון אחר טעון אישור הפיקוח על הוראת האנגלית.

ד. הוראות מיוחדות:

(1) עליך לכתוב את כל תשובותיך בגוף השאלון (במקומות המיועדים לכך).

(2) כתוב את כל תשובותיך באנגלית ובעט בלבד. אסור להשתמש בטיפקס.

(3) כתוב את הנוסח הסופי של מטלת הכתיבה בעמוד 7. אם תצטרך, תוכל להשתמש גם בעמוד 8.

(4) בתום הבחינה החזר את השאלון למשגיח.

הערה: על כתיב שגוי יופחתו נקודות מהציון.

ההנחיות בשאלון זה מנוסחות בלשון זכר ומכוונות לנבחנות ולנבחנים כאחד.

בהצלחה!

PART I: ACCESS TO INFORMATION FROM WRITTEN TEXTS

(60 points)

Read the article below and then answer questions 1-7.

WHAT NOT TO EAT?

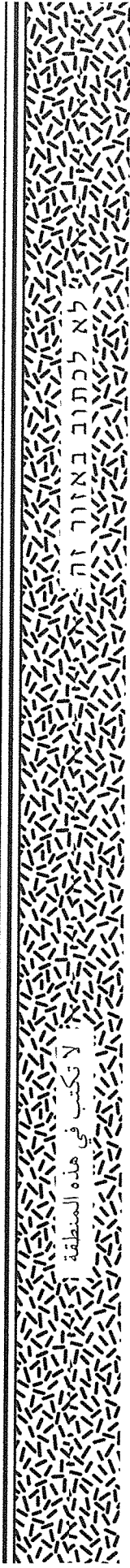
Which poses a greater risk to our health – fried foods, or sweet desserts? To most of us, the answer is obvious. For decades, we've been told by health authorities that fatty foods are responsible for a whole range of serious illnesses, and should be avoided. Sugar, on the other hand, was said to cause nothing worse than tooth decay. But now it seems that our ideas regarding both fat and sugar need rethinking. The reason: they may have been influenced by manufacturers of sugar and of sugar-rich foods working to protect their interests.

One example of such activity was uncovered last year in the Journal of the American Medical Association (JAMA), which published an alarming report on the involvement of the American sugar industry in scientific research in the 1960s. At that time, researchers were debating which types of food – those high in sugar, or those high in fat – might increase the risk of heart disease. But then, in 1965, a representative of the industry named John Hickson paid three Harvard University scientists to write a review of studies done on the subject. Hickson himself decided which studies would be reviewed, and made it clear what conclusions he expected. Not surprisingly, the team found the evidence linking heart disease to fat much stronger than the evidence linking it to sugar.

When the review was published in 1967 in a prestigious medical journal, most scientists accepted its conclusion. Since then, the sugar and food manufacturers have continued taking steps to keep sales high. Again and again, they have shifted the blame for various health problems away from sugar. For instance, a major manufacturer of sugary drinks is funding a group of scientists who promote the view that the main cause of obesity is lack of exercise, despite evidence that physical activity has only minimal impact on weight. In addition, advertising campaigns have greatly exaggerated the benefits of sugar – for example, by claiming that it is the most important source of energy for the body.

The manufacturers' efforts have been remarkably successful, and much of the Western world continues to consume foods high in sugar. Meanwhile, people have greatly restricted their consumption of fat as it has come to be viewed as the leading dietary cause of major diseases. And yet, despite the popularity of low-fat diets, disease rates are still rising dramatically. Consequently, increasing numbers of scientists are asking themselves whether the role of sugar has been wrongly overlooked.

/המשך בעמוד 3/



5. What do we learn from lines 24-29?

- (i) Why people began consuming foods high in sugar.
- (ii) Why low-fat foods may be bad for our health.
- (iii) Why low-fat diets became popular.
- (iv) How diets can improve health.

(7 points)

6. COMPLETE THE SENTENCE.

In the phrase "the role of sugar" (line 28), the writer is referring to the role of sugar in

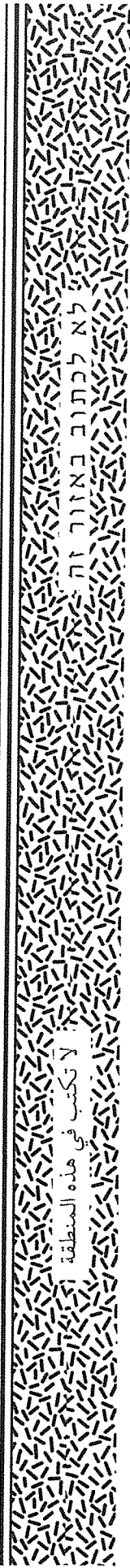
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(8 points)

7. What change in our eating habits would Taubes like us to make? (lines 30-34)

ANSWER:

(8 points)



PART II: WRITTEN PRESENTATION (40 points)

Write 120-140 words in English on the following topic.

8. Many people think that all types of work are suitable for both women and men. Do you agree?

Write a composition stating and explaining your opinion.

בהצלחה!

Use this page and the next (nos. 5-6) for writing a rough draft.

לא לכתוב באזור זה

لا تكتب في هذه المنطقة

